



90 tablets

All CaliVita® products are manufactured from the highest quality natural raw materials. Manufacturing takes place under the most stringent conditions in accordance with current Good Manufacturing Practices to ensure you have purchased the highest quality food supplement available.

Keep out of reach of children. Keep tightly closed in a cool, dry place. Do not use if safety seal is damaged or missing.

100% Satisfaction Guaranteed.

Manufactured with:

CaliVita® International

225 Episcopal Road
Berlin, CT 06037 USA

Exclusively distributed worldwide by:

CaliVita® International

www.calivita.com

Best if used by: see packaging



CaliVita®
INTERNATIONAL



Vital B

Supplement Facts

Serving Size 1 Tablet		Serving Size 1 Tablet	
Amount Per Tablet	% Daily Value	Amount Per Tablet	% Daily Value
Beta Carotene	2,000.0 I.U. 13	Iron	3.0 mg 17
Vitamin E	10.0 I.U. 33	Copper	0.5 mg 25
Vitamin C	60.0 mg 100	Zinc	5.0 mg 33
Vitamin B1	1.4 mg 93	Chromium	20.0 mcg 17
Vitamin B2	1.6 mg 94	Selenium	15.0 mcg 21
Niacin	18.0 mg 90	Manganese	1.0 mg 50
Pantothenic Acid	5.0 mg 50	Molybdenum	80.0 mcg 107
Vitamin B6	2.0 mg 100	Boron	50.0 mcg *
Folic Acid	50.0 mcg 13	Silicon	1.0 mg *
Vitamin B12	1.0 mcg 17	L-Glutathione Complex	5.0 mg *
Choline	20.0 mg *	L-Cysteine	20.0 mg *
Inositol	20.0 mg *	Bromelain	25.0 mg *
Para-Amino Benzoic Acid	5.0 mg *	Lecithin	100.0 mg *
Biotin	40.0 mcg 13	Licorice Root Extract (4:1)	10.0 mg *
Rutin	4.0 mg *	Parsley Leaf Powder	50.0 mg *
Citrus Bioflavonoid Complex	4.0 mg *	Broccoli Powder	50.0 mg *
Hesperidin Complex	5.0 mg *	Elderberry Fruit Extract (10:1)	10.0 mg *
Iodine	50.0 mcg 33	Reishi Mushroom Powder	10.0 mg *
Calcium	207.8 mg 21	Shiitake Mushroom Powder	10.0 mg *
Magnesium	100.0 mg 25	Carbohydrate	<1.0 g 0.0*
Calorie	<1.0 kJ	Protein	<1.0 g 0.0*
Fat	<1.0 g 0.0*		

* Daily Value not established. † Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Microcrystalline cellulose, potassium malate, stearic acid, croscarmellose sodium, hydroxypropyl methylcellulose, silica, propylene glycol, triacetin.

Product color may slightly vary due to natural changes of ingredients.

Directions: Take 3x1 tablets daily after meals or as directed.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.