



DIETARY SUPPLEMENT  
90 tablets

All Calivita® products are manufactured from the highest quality natural raw materials. Manufacturing takes place under the most stringent conditions in accordance with current Good Manufacturing Practices to ensure you have purchased the highest quality food supplement available.

Keep out of reach of children. Keep tightly closed in a cool, dry place. Do not use if safety seal is damaged or missing.

100% Satisfaction Guaranteed.

Manufactured with:  
Perfect Nutrition®  
225 Episcopal Road  
Berlin, CT 06037 USA

Exclusively distributed worldwide by:  
Calivita® International  
www.calivita.com

Best if used by: see packaging



**multivitamin**  
90 tablets

## SUPPLEMENT FACTS

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	Amount Per Tablet	% Daily Value	Amount Per Tablet	% Daily Value
Beta	1500.0 I.U. 10	Choline	20.0 mg *	Iron	4.0 mg 22
Carotene		Inositol	20.0 mg *	Magnesium	57.0 mg 14
Vitamin E	7.0 I.U. 23	Para-Amino	5.0 mg *	Copper	1.5 mg 75
Vitamin C	60.0 mg 100	Benzoic Acid		Zinc	10.0 mg 67
Vitamin B1	1.0 mg 67	Biotin	40.0 mcg 13	Chromium	25.0 mcg 21
Vitamin B2	1.1 mg 65	Rutin	4.0 mg *	Selenium	20.0 mcg 29
Niacin	10.0 mg 50	Lemon	4.0 mg *	Manganese	3.0 mg 150
Pantothenic	5.0 mg 50	Bioflavonoid Complex		Molybdenum	10.0 mcg 13
Acid		Hesperidin	2.0 mg *	Calorie	2.32 kJ
Vitamin B6	1.2 mg 60	Complex		Fat	<1.00 g 0.0†
Folic Acid	200.0 mcg 50	Iodine	80.0 mcg 53	Carbohydrate	0.00 g
Vitamin B12	1.0 mcg 17	Calcium	187.0 mg 19	Protein	0.00 g

\* Daily Value not established.

† Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Microcrystalline cellulose, calcium sulfate, potassium gluconate, croscarmellose sodium, stearic acid, pharmaceutical glaze, magnesium stearate, silica, talc.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Product color may slightly vary due to natural changes of ingredients.

**Directions:** Take 3x1 tablets daily or as directed.