

New Life, tablets, food supplement

Multivitamin and mineral complex for pregnant and nursing women with folic acid and zinc. Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus. Altering one of those factors may or may not have a beneficial effect.

Zinc contributes to normal fertility and reproduction.

Ingredients in 1 tablet (=serving size):		%NRV*
calcium	325 mg	41
magnesium	112,5 mg	30
vitamin C	60 mg	75
choline	10 mg	**
inositol	10 mg	**
niacin	9 mg NE	56
zinc	8 mg	80
vitamin E	7,5 mg α -TE	63
pantothenic acid	4 mg	67
iron	4 mg	29
vitamin A (as beta carotene)	208 μ g	26
vitamin B2	1 mg	71
vitamin B6	1 mg	71
PABA	1 mg	**
manganese	1 mg	50
copper	1000 μ g	100
vitamin B1	0,8 mg	73
folic acid	400 μ g	200
iodine	75 μ g	50
biotin	60 μ g	120
chromium	25 μ g	63
vitamin D3	10 μ g	200
vitamin B12	1 μ g	40

*NRV = nutrient reference value **no NRV established

Ingredients: calcium carbonate, stabilisers (cellulose, potassium chloride), magnesium oxide, L-ascorbic acid, bulking agent (cross-linked sodium carboxy methyl cellulose), anti-caking agents (fatty acids, magnesium salts of fatty acids, silicon dioxide), choline bitartrate, inositol, nicotinamide, zinc oxide, DL-alpha tocopheryl acetate, D-pantothenate calcium, ferrous sulphate, beta-carotene, riboflavin, pyridoxine hydrochloride, para-aminobenzoic acid, manganese sulphate, copper bisglycinate, thiamine hydrochloride, pteroylmonoglutamic acid, potassium iodide, D-biotin, chromium picolinate, cholecalciferol, cyanocobalamin, glazing agents (shellac, talc)

Directions: Take 1 tablet daily with water after meal. Beneficial effect is obtained with a supplemental folic acid daily intake of 400 μ g for at least one month before and up to three months after conception.

Not suitable for children under 1 year

Keep out of reach of young children. The recommended daily dose should not be exceeded.

Food supplements should not be used as a substitute for a varied, healthy diet.

It's important to follow a varied and balanced diet and a healthy lifestyle.

Keep tightly closed in a cool, dry place.

Produced for: CaliVita International B.V. Beursplein 37, 3001 DC Rotterdam, The Netherlands

Net quantity: 120 tablets, 195 g

Best before: see side of pack.