

# Preservation of Strong Bones, capsules, food supplement

Preservation of Strong Bones contains minerals calcium and magnesium in 2:1 ratio. Calcium is needed for the maintenance of normal bones, while magnesium contributes to normal muscle function, normal functioning of the nervous system and the maintenance of normal bones.

Ingredients in 1 capsule (=serving size):	%NRV*
Calcium.....300 mg	38
Magnesium.....150 mg	40

\*NRV = nutrient reference value

Ingredients: calcium carbonate, calcium citrate, calcium acetate, magnesium oxide, magnesium citrate, magnesium succinate, magnesium bisglycinate, gelatin, anti-caking agents (fatty acids, silicon dioxide).

Directions: Take 1-2 capsules daily with water after meal.

Keep out of reach of young children. The recommended daily dose should not be exceeded. Food supplements should not be used as a substitute for a varied, healthy diet. It's important to follow a varied and balanced diet and a healthy lifestyle.

Keep tightly closed in a cool, dry place.

Produced for: CaliVita International B.V. Beursplein 37, 3001 DC Rotterdam, The Netherlands

Net quantity: 100/250 capsules, 124 g / 311 g

Best before: see bottom.